

Patient Assessment Scenario #3

Call: You are called to a construction site where a person has reportedly fallen. Upon arrival, you find a 38 yr. old male who has fallen approx. 10 feet off of a ladder. He is complaining of lower leg pain to the left leg.

1. **Scene Size-up:** The scene is safe
2. **Initial Assessment:** the patient is conscious, alert, breathing, pulse is present no external bleeding noted.
3. **Interventions:** manual c-spine stabilization
4. **Patient priority:** low priority patient
5. **Focused physical exam:** *Rapid trauma assessment:*
 - Inspect and palpate the head
 - Inspect and palpate the face, ears, pupils, nose, and mouth
 - Inspect the neck
 - Apply cervical collar
 - Inspect and palpate the chest. Listen for breath sounds
 - Inspect and palpate the abdomen
 - Inspect and palpate the pelvic area
 - Inspect the lower extremities and palpate for pulses *(deformity to the lower left leg)
 - Inspect the upper extremities and palpate for pulses
 - Log-roll the patient; palpate and inspect the back. Place the patient on a long spine board.
6. **Baseline vitals:**
 - Blood Pressure: 122/80
 - Pulse: 82
 - Respirations: 20
 - Skin: pink; warm and dry
 - Pupils: equal and reactive to light
7. **SAMPLE history:**
 - **S:** deformity to the lower left leg (tib/fib area)
 - **A:** none
 - **M:** none
 - **P:** none
 - **L:** lunch
 - **E:** fell off ladder while working
8. **Interventions:** Cervical collar; long spine board with head immobilizers; splint the lower left extremity; transport
9. **Detailed exam:** Examine the lower left leg for DCAP-BTLS and PMS in the foot

10. Report to hospital or ALS unit:

- 38 y/o male who fell approx. 10 feet off of a ladder. He is conscious and alert complaining of pain to the lower left extremity.
- Report baseline vitals
- Report physical exam findings (deformity to the lower left leg with good PMS)
- Report SAMPLE history
- Report interventions

10. Ongoing Assessment: reassess this patient every 15 minutes